



## Malo Camus cyclist for charity

Rob: And I'm here today with Malo Camus, a young man from Quimper who's got a crazy scheme afoot. What are you planning to do Malo?

Malo: Yes, er I am planning to join Glasgow from Quimper er on a bike in two weeks

Rob: And why have you chosen to go to Glasgow, that's a long way to go?

Malo: Yes, yes, it is. The idea was to join Glasgow is because I was in Erasmus in Scotland er last year. Erasmus, I think is a fantastic opportunity as a university to discover another country, to discover another way of life, to meet people from all over the world. For example, I was with Germans people, Welsh young people, from all over the world. Yes, I just recommend to all to, to try to do it. This Erasmus experience was really nice, er very good memory, but I have just only one regret about that, it was to not have my bike in Scotland and so I was er when I come back in France, I was thinking about that and I said to me er why not to go in Glasgow by bike? He said Ok, good, uh, good idea, why not and that was the beginning of the, the project.

Rob: How long will you take, for your trip?

Malo: Its about two weeks and around one thousand kilometres.

Rob: Because I understand you're not going to go direct, you're going to go to other countries?

Malo: Yes, yes, exactly because there is three aspects of my project/sport/challenge to achieve it. That's a personal challenge, a cultural aspect to celebrate er Celtic roots by crossing a lot of Celtic nations, as Brittany, Cornwall, Wales, Ireland and Scotland and a charitable goal to raise funds for an association to support my effort.

Rob: This charitable organisation is attached to the Celtic Football Club, isn't it?

Malo: Yes, exactly

Rob: Tell me about that the charity what does it do?

Malo: Ok the association, the organisation is a Celtic FC foundation because it's important to know that the Celtic Football Club was created by Brother Wilfred to help people of the Irish community in Glasgow and er the people who were persecuted and to continue in this way the Celtic Foundation in Europe with firm priorities/areas to improve health, promote equality and encourage learning(?) and take on poverty. They they have a lot of project to achieve these goals.

Rob: Projects that are not just in Scotland I gather?





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Malo: No, not just in Scotland but the main territory is Scotland, but it is also in Africa, in Asia or even in France for example last year they financed musical therapy in a medical school in France, that's why I do it for them too, er I like the er what they do.

Rob: You are a student of sport I gather?

Malo: Yes, I'm a sports student now at the university in Brest. But I was studying sport development in the university of the West Scotland too in Milton near to Glasgow and so I keep fantastic memory of this opportunity and yes, I love sport

Rob: Have you ever done anything like this before then, a long cycle ride?

Malo: No that the first time but I was looking for something like that and since a long time and my experience in Scotland was the element to launch it.

Rob: How are you training for this thing, because it must be very demanding

Malo: Yes, er of course erm, I play football with a club in Finistère and to be ready for the big day I take my bike every weekends to ride around 10 hours in the week so OK and some fitness and some other sport to be ready

Rob: Your trip is going to take in Cornwall, Wales, Ireland and Scotland. How are you going to manage to, I don't know, feed yourself, what are you planning to do for sleeping arrangements, how's that going to work?

Malo: Er, yes, I am very happy about this point because I have already meet a lot of people on social media they propose to me to sleep, to eat, to cycle with me, so that's a real human experience, real interesting and I can't wait to start it and to meet these people in reality.

Rob: And will you be using the social media while you're travelling?

Malo: Yes, to to tell my my adventure, because it's really an adventure, I am looking for adventure and I can't wait to start it.

Rob: If everything goes well, you'll be arriving in Glasgow erm?

Malo: The goal is to arrive at the end of March, because the last day of March this year there is a Celtic versus Rangers, the 'old firm' the big Derby of Glasgow in football and I will be in the stadium so that's the reward.

Rob: The reward, the reward. Well I wish you all the very best of luck Malo, it's a very brave thing you're doing there.

Malo: Thank you very much.



